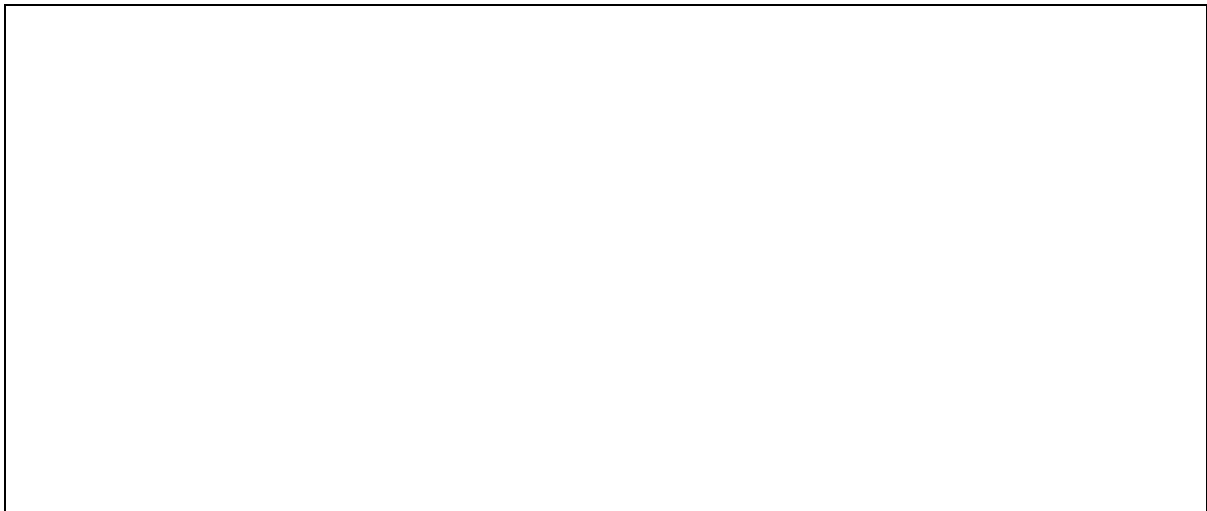


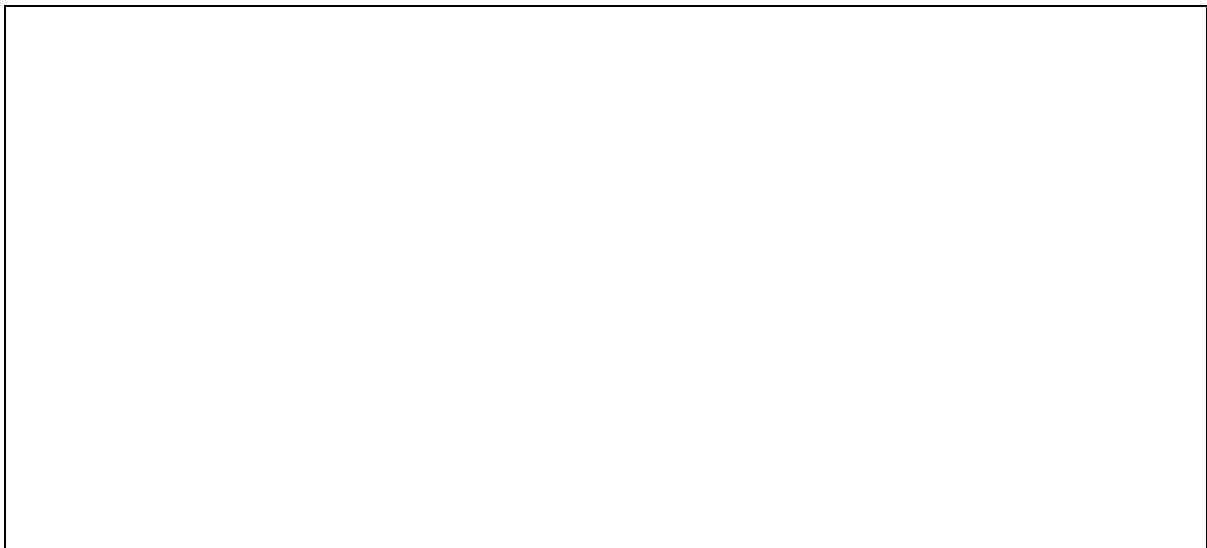
PIES Development

Type	What it involves
Physical	Growth, puberty, motor skills
Intellectual	Language, problem-solving, memory
Emotional	Attachment, emotional regulation, self-concept
Social	Friendships, family relationships, social roles

Task 1: Create a timeline of your own life so far and describe the main **PIES** changes you have experienced.



Task 2: Research **Jean Piaget's theory** of cognitive development. Write a short paragraph explaining the four stages.



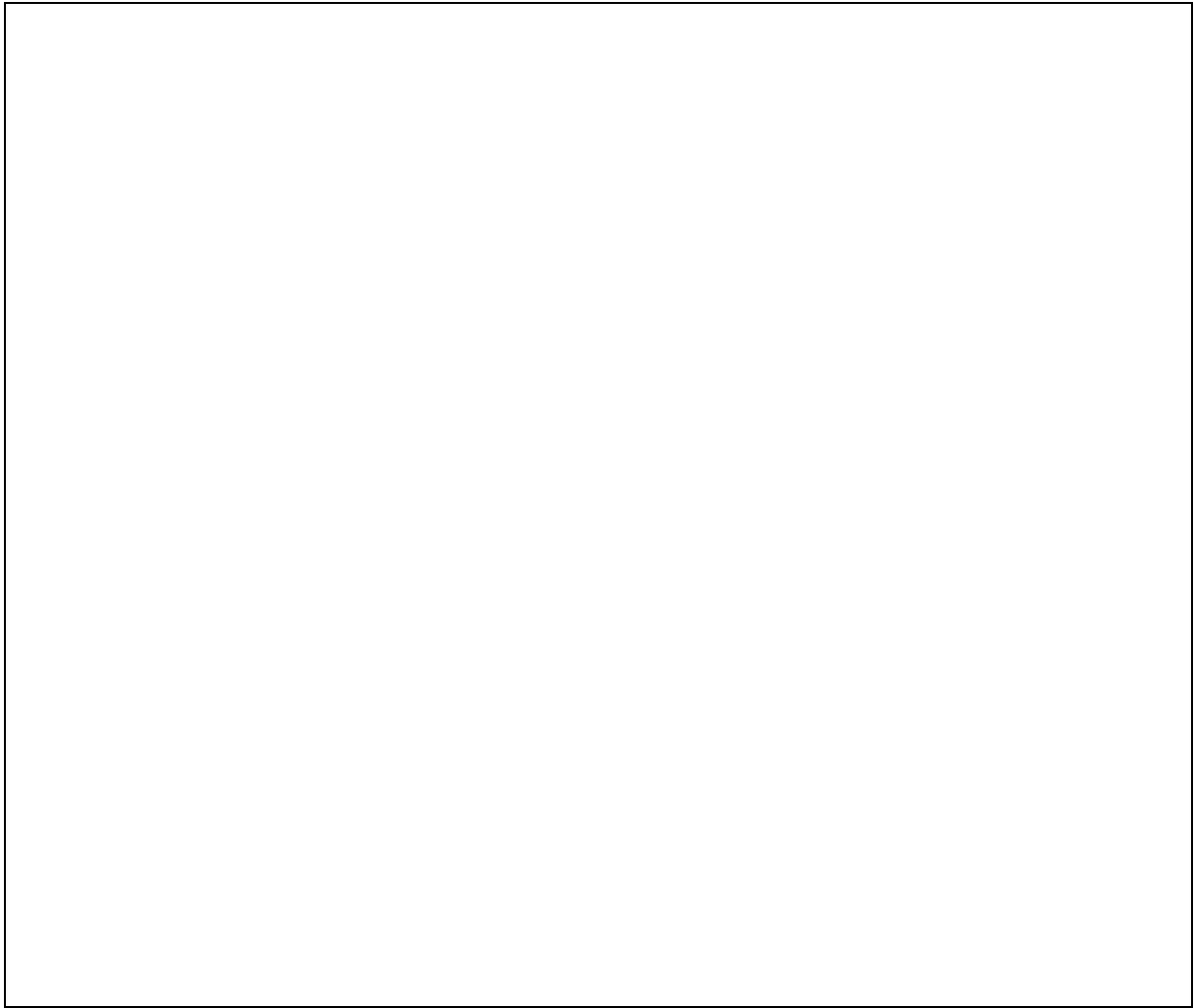
Task 3: Choose one **life event** (e.g., divorce, moving house, starting school). Explain how it might affect an individual's development.

Case study

Liam is 14 and lives with his mother. He recently changed schools due to bullying and is struggling to make friends. He enjoys gaming but doesn't get much exercise.

Questions:

1. What life stage is Liam in?
2. Describe Liam's likely **PIES development**.
3. What factors may be affecting his development?
4. Suggest support strategies that could help him.



Vocabulary builder – define the following key terms:

<i>Term</i>	<i>Definition</i>
Growth	
Maturation	
Development	
Self-concept	
Attachment	